“I think I’m in love and want to know if it’s for real…”

“I am a 14-year-old boy and I think I’m just now going through puberty…”

“I recently turned 19 and I never got a real sex education…”

“I know four girls who are pregnant and I want to educate other teens about birth control…”

“I’m scared to lose my virginity…”

“I cannot express how helpful your sexuality education seminars have been for me and, most of all, for my students. They love when I say that I am going to Answer to learn about sex! They know that I will bring back updated ideas and new lessons to supplement my curriculum.” —Health Educator

Our Sexuality Education Training Initiative helps teachers and other youth-serving professionals create dynamic and effective educational experiences for young people. We train them to become more comfortable and competent when teaching comprehensive sex education to students of all ages.

We do this through our:
- Open-enrollment workshops in New Jersey.
- On-site workshops at schools, youth-serving organizations and conferences across the United States.
- Training Institute in Sexual Health Education (TISHE), our annual intensive residential summer institute.
- Online professional development workshops.

To learn more about our Sexuality Education Training Initiative or to register for workshops, visit our Web site at http://answer.rutgers.edu.

“Sex, Etc.: Why Wonder?” The cornerstone of the project is Sex, Etc., our premier online and print teen destination for real, honest sexual health information. Both a magazine and Web site, Sex, Etc. is written entirely by teens and reviewed by our Medical Advisory Board. Each issue of the magazine comes with our adult-written Discussion Guide.

Sex, Etc. also partners with other national youth media outlets, including MTV.

To learn more about our Teen-to-Teen Sexuality Education Project, visit the Sex, Etc. Web site at Sexetc.org.
“Answer, part of the Center for Applied Psychology at Rutgers University, is a leading national organization dedicated to providing and promoting comprehensive adolescent sexuality education in the United States.

We are committed to supplying resources, advocacy, training and solutions in support of honest and balanced sexuality education for young people and the adults in their lives. Our vision is for sexuality to be understood, respected, valued and celebrated.

We believe that
- Knowledge is helpful, not harmful.
- Young people offer an essential and unique perspective.
- Teens are responsible decision makers.
- Diversity should be respected and embraced.
- Young people benefit when parents, educators and other adults work in partnership.
- Speaking out to create a sexually literate and informed society makes a difference.

Our mission is to be the recognized leader in ensuring high-quality sexuality education for young people by preparing adults to work effectively with youth and by amplifying teen voices regarding sexuality and related policy. We will also begin a collaborative movement between young people and adults to advocate for honest sexuality education.

We fulfill our mission through our Sexuality Education Training Initiative and Teen-to-Teen Sexuality Education Project.

We have answered them, honestly.

Young people have questions about sex. We have been listening and responding to their questions for more than 25 years.

Cover Image: Scott Houston Photography