At TISHE you will be engaged in a residential, skills-based training with other adolescent sex education professionals. The goal is to strengthen your confidence and build your skills through dynamic plenary sessions, interactive workshops and small group activities led by a team of expert core staff. You will facilitate a brief lesson and receive constructive, supportive feedback from colleagues in Practice, Observation, and Support (POS) groups. This training will offer you many opportunities to analyze and evaluate your teaching methods and skills, learn about new strategies and resources, network and much more!

Hope to see you at TISHE!

Nora Gelperin, M.Ed.
Director of Training & Education, Answer

Monica Rodriguez
Vice President of Education & Training, SIECUS

"Attending TISHE was literally a life-changing experience for me as a professional educator. TISHE was an excellent use of my organization's funds and my time!"

- TISHE 2009 PARTICIPANT
What TISHE 2010 Offers

This five-and-a-half day training will feature modules on lifelong sexuality, learner diversity, values clarification, giving and receiving feedback and answering difficult questions. We will also provide smaller “how to teach about” and content-focused workshops.

In addition to the information that you receive throughout the training, you will get a valuable notebook and flashdrive of supporting articles and resources to use when you return to your school or agency.

Who Should Attend

- Middle-and high-school health teachers
- Curriculum specialists
- Community educators
- Youth-serving professionals
- Administrators who supervise, support or implement sexuality education in any format

Professional Development

Practice, Observation and Support (POS) groups are a unique and important feature of TISHE. You will be part of a POS group (usually four to five individuals) in which you will do a short presentation for your peers. This small-group setting will give you an opportunity to receive feedback on your presentation and facilitation skills. It also offers you time to examine the relevancy of the training to your professional development, school and/or community.

(Please indicate on the registration form if you are interested in facilitating a POS group.)

"POS groups were the best part of TISHE. The group was very comfortable and nonthreatening and gave me great feedback about how I teach!"

– TISHE 2009 PARTICIPANT

Photo by Julie Walton Shaver
While TISHE is designed to be relevant for health professionals with a wide range of family backgrounds, religious traditions and cultural and ethnic identities, it is not value free. The training gives the following clear messages about key sexuality issues:

- Every person is entitled to dignity and his or her own attitudes and beliefs about sexuality.
- Knowledge about human sexuality is helpful, not harmful and every individual has the right to accurate information about sexuality and have his or her questions answered.
- Sexual intercourse is only one of many valid ways of expressing sexual feelings with a partner.
- It is healthy for young adolescents to postpone sexual intercourse.
- All persons have the right and obligation to make responsible sexual choices.
- Being romantically and sexually attracted to both genders (bisexual), the same gender (homosexual), or another gender (heterosexual) are all natural in the range of human sexual experience.
- Healthy sexual relationships are consensual, nonexploitative, mutually pleasurable, safe, developmentally appropriate, based on mutual caring and respectful.
- We can enrich our lives by expressing sexuality in ways that enhance human wholeness and fulfillment and that express love, commitment and pleasure.

(Reprinted from the Our Whole Lives curriculum, Unitarian Universalist Association and Guidelines for Comprehensive Sexuality Education, 3rd Edition, SIECUS.)

Workshop Topics

- Abstinence with a sex-positive approach
- Sexually transmitted diseases, including HIV/AIDS
- Gay, lesbian, bisexual and transgender issues, including homophobia
- Birth control and pregnancy prevention
- Models of behavior change
- Sexual values
- Sexual anatomy
- Youth culture and cultural competence
APPLICATION PROCESS

TISHE is geared for a specific audience and topic. It is not a good match for all professionals. In order to ensure that there is a good fit between participant needs and what TISHE offers, please complete the following application online or by fax. Applications are considered on a rolling basis and we have space for 32 participants to attend in 2010. We will wait-list other qualified applicants accepted after we are full. Once your application is accepted, you must place a $500 nonrefundable deposit toward the registration fee within six weeks of your acceptance to guarantee your spot.

Name: ____________________________________________Gender:_________

Title: ____________________________________Date of Birth: ______________

SS#: _______________________________________(for tax credit purposes only)

Agency/School: ____________________________________________________

Agency/School Address: ____________________________________________

City:_________________________________State: ________Zip: ___________

School Phone: __________________________Fax:________________________

E-Mail: ___________________________________________________________

Home Address: ____________________________________________________

City:_________________________________State: ________Zip: ___________

Home Phone:______________________________________________________

E-Mail: ___________________________________________________________

Apply online at answer.rutgers.edu or print and fax to (732) 445-5333.
Please check where you would like TISHE materials sent:

- [ ] Work   OR   [ ] Home

- [ ] I would like to room with: _______________________________________

- [ ] I would like shuttle information (from Bradley International Airport and back).

- [ ] I would be interested in being a POS Group Facilitator.

- [ ] I have read the entire TISHE brochure and agree that if I am selected to attend TISHE, I will commit to attend the entire conference which begins at 3 p.m., August 8, 2010, and ends at 1 p.m., August 13, 2010. Additionally, I understand that TISHE is a residential conference and my participation at TISHE includes staying at the residential conference facility for the entire week. I understand that my acceptance to TISHE is contingent upon my ability to attend the entire conference.

Please complete the following application:

Number of years teaching sexual health: _______

My school/agency setting is: (please circle one) Urban Suburban Rural

Please describe the political climate of your school/agency in regard to sexuality education:

_________________________________________________________________

Please describe how you currently deliver sexuality education:

_________________________________________________________________

Please describe what your expectations are for attending TISHE:

_________________________________________________________________

Please describe how you anticipate attending TISHE will impact you professionally:

_________________________________________________________________

(Attach additional sheets if necessary.)

For more information, please contact Nora Gelperin at norag@rci.rutgers.edu

Apply online at answer.rutgers.edu or print and fax to (732) 445-5333.
Why Come to TISHE?

"Attending TISHE has helped deepen my knowledge and widen my capabilities as a sexual health educator. The experience of being amongst diverse and dynamic professionals who embrace and advocate innovative methodologies was as unique as it was enlightening."

- TISHE 2009 PARTICIPANT

Come to TISHE to...

1. Enhance your understanding of sexuality and sexuality education in their broadest senses
2. Examine the diverse life experiences learners bring to the classroom and consider how this impacts your teaching
3. Identify how values, attitudes and beliefs may influence your teaching
4. Assess your own learning and teaching styles
5. Increase your ability to assess learners’ needs and learn new strategies for creating a safe learning environment
6. Learn how to plan lessons based on sound learning theory using a variety of teaching methodologies
7. Enhance your skills in designing an effective lesson
8. Increase your skill at answering difficult questions
9. Learn and practice a model for giving and receiving concrete, useful feedback
10. Discover excellent collegial, written and technological resources
11. Explore the changing social, professional and political context for sexuality education and share strategies for surviving and thriving as you plan for your own ongoing professional development.

Photo by Julie Walton Shaver
TISHE will be held at Trinity Conference Center in West Cornwall, CT. The Center is located on a bend in the Housatonic River, just a half-mile from the Berkshire Mountains, on 500 forested acres. Its focus is to provide nonprofit groups with a safe and productive place to meet. *All rooms are doubles and have a private bathroom. Roommates will be assigned unless you indicate a roommate preference on your application.*

You are responsible for your own travel arrangements to Trinity Conference Center. Flights are available to Bradley International Airport, which is approximately one hour from the Center. Please indicate if you need information about transportation from/to the airport. We will distribute a list of participants prior to the conference; if you are driving, you can make your own carpool arrangements.

Confirmation packets will be mailed in early-July. Packets will include a list of participants, maps, details about arranging carpools, a list of what to bring, workshop selection forms and other logistical information.

Answer is an approved provider of New Jersey Professional Development Hours. Participants will earn 40 hours of Professional Development by attending this training. Certificates of completion will be awarded at the end of TISHE and given ONLY to those participants who have attended the entire institute.

Individuals can qualify for an educational tax credit for tuition and fees paid for undergraduate, graduate and continuing education courses. For detailed information, consult IRS publication 970, Tax Benefits for Higher Education, which can be obtained at any IRS office or at www.irs.gov/pub/irs-pdf/p970.pdf.
Sunday, August 8
Afternoon  POS Facilitators Meeting
            Welcome and TISHE Overview

Monday, August 9
Morning  Model of Sexuality
         Professional Boundaries
         POS Group Meeting
Afternoon Sexual Values
Evening  Sexuality ABCs

Tuesday, August 10
Morning  Planning Your Programs
        POS Group Meeting
Afternoon Models of Behavior Change
Evening  Concurrent I

Wednesday, August 11
Morning  Diverse Audiences
        Sexual Orientation
Afternoon Youth Culture
         POS Group Meeting
Evening  Concurrent II

Thursday, August 12
Morning  Concurrent III
        Prep Time for Presentations
Afternoon POS Group Presentations
Evening  Celebration

Friday, August 13
Morning  Answering Difficult Questions
        TISHE Closure
Afternoon Adjourn