Sexuality Education Training Initiative

Michelle Scarpulla, M.P.H., C.H.E.S

Where can I find good sex ed lessons?

Why are teens sexting?

What can I do to reach boys more effectively?

How can I support LGBTQ students?

How can I stay current with online trends?

SEXUALITY EDUCATION
TRAINING INITIATIVE
training catalog 10–11
After nearly 30 years of training health and sexuality educators, Answer continues to reinvent the way we provide professional development. As a well-respected and trusted source for training and technical assistance, Answer is proud to provide a diverse menu of professional development opportunities. Catering to today’s busy professionals, we offer a range of traditional in-person trainings as well as flexible online workshops and Webinars.

We are excited to offer dynamic trainings that meet your professional development needs. We hope that you—our valued educational partner—will take advantage of the unique training opportunities we offer.

**Answer Training Staff:**

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These engaging and informative in-person workshops are excellent for educators who want to learn new lessons and practice new skills.

Full-day workshops are $100, half-day workshops are $75.

What about the Boys? Teaching about Sexuality Accurately and Effectively with Teen Boys
October 20, 2010
Bergen Community College, Paramus
9am-2:30pm
Instructor: Nora Gelperin, M.Ed.

Be a man! Boys don’t cry! Grow a pair! These stereotypes pervade our school communities. This important workshop explores the realities of the “boy code” that can straightjacket young men’s sexual health and well-being.

Sex Ed Games–Part 3 (NEW!)
November 12, 2010
Rutgers EcoComplex, Bordentown
9am-2:30pm
Instructor: Michelle Scarpulla, M.P.H., C.H.E.S.

Teaching sex ed is not all fun and games, but it is most effective when interactive techniques are used to engage students. This high-energy workshop will leave you with fresh ideas guaranteed to result in dynamic teaching.

Sexting: Flirting or Felony
December 10, 2010
Answer, Piscataway
9am-12:30pm (HALF DAY)
Instructors: Nora Gelperin, M.Ed. and Michelle Scarpulla, M.P.H., C.H.E.S.

If you missed this wildly popular workshop last year, here is your opportunity to learn the most current information about the unforeseen short- and long-term consequences of sexting.

Beyond Pimples and Periods: Puberty Update
February 9, 2011
Answer, Piscataway
9am-2:30pm
Instructor: Nora Gelperin, M.Ed.

Puberty—the topic many educators fear—doesn’t have to be intimidating. Showcasing the latest puberty resources, this workshop will help professionals articulate why students must learn about more than just pimples and periods.

Lesbian, Gay, Bisexual and Transgender Issues: You’ve Got Questions, We’ve Got Answers
April 6, 2011
Bergen Community College, Paramus
9am-2:30pm
Instructor: Nora Gelperin, M.Ed.

As bullying and harassment have become more prevalent, many schools have become toxic environments for LGBT students. This workshop will provide strategies and tools for educators to create “safe schools” for all learners.

Teens and Technology: A Risky Combination
April 8, 2011
Cherry Hill Public Library, Cherry Hill
9am-2:30pm
Instructor: Michelle Scarpulla, M.P.H., C.H.E.S.

Being tech-savvy and a teen are almost synonymous; however, many teens don’t understand the consequences of their actions online. This workshop includes up-to-date research on teen technology usage and highlights innovative educational strategies.
These cutting-edge, hour-long Webinars highlight emerging trends, research and updates. Using a combination of the Internet and your phone, you’ll connect with other professionals nationwide for a lively, interactive presentation.

Webinars are $35 each or $175 for all six.

“What an excellent Webinar. The trainer provided frequent opportunities for the group to participate, and acknowledged questions as they came in. I enjoyed the pace of the Webinar and the clarity of the content, especially the suggestions for making lessons more inclusive.”

-Webinar attendee

**Techno Talk: Technology Basics for Sex Education**

October 14, 2010
Instructor: Nora Gelperin, M.Ed.
This dynamic introductory Webinar will provide educators with the basic knowledge of technology used by adolescents and explore how technology impacts teen relationships.

**Running to Keep Up: Trends Among Teens and Technology**

November 10, 2010
Instructor: Nora Gelperin, M.Ed.
This exciting Webinar will explore some popular online hotspots that teens use, including ChatRoulette and the popular Facebook application, Formspring.

**Sexting: When Technology Advances More Quickly than Cognitive Development**

December 9, 2010
Instructor: Nora Gelperin, M.Ed.
Struggling with how to warn teens of the consequences of sending nude pictures via cell phone in the absence of school policies or guidelines? This engaging Webinar will provide research, resources and tips for professionals who work with teens.

**Friend Request: Teens, Social Networking and Relationships Online**

February 10, 2011
Instructor: Michelle Scarpulla, M.P.H., C.H.E.S.
This thought-provoking Webinar will explain what social networking sites are and review those most popular among teens. Participants will explore how teens use social networking to build relationships, its impact on healthy relationships and tips to navigate the Web safely.

**Cyber-Bullying: Blurring the Boundaries of School Involvement**

March 10, 2011
Instructors: Michelle Scarpulla, M.P.H., C.H.E.S.
Homophobia and gender bias often pervade the technology that teens use. This interactive Webinar will explore the complex issues associated with cyber-bullying and provide resources to keep students safe.

**21st Century Skills in Sex Ed: Integrating Technology into Your Teaching**

April 7, 2011
Instructor: Michelle Scarpulla, M.P.H., C.H.E.S.
This Webinar will introduce many technological resources teachers can use to engage students including Podcasts, YouTube and online sexual health games.

Note: All Webinars are scheduled from 4pm-5pm Eastern Time.
Using fun, interactive features such as online games, podcasts, case studies and short videos, our six-hour online workshops can be completed at your own pace—in one sitting or in shorter segments—over a month. You’ll play games, practice answering questions and interact with teachers from all over the country, while earning six hours of professional development credit and gaining the knowledge you need to be a successful educator!

**Online workshops are $125 each. Contact us at 732-445-7929 for information about group discounts.**

*Sexuality ABCs (Abstinence, Birth Control and Condoms)*
**Registration: Ongoing**
This online workshop introduces the latest trends in teen contraceptive use and effective lesson plans. You will finish with a list of current resources and a deeper understanding of contraceptive methods and laws regarding teens' access to birth control.

*STD Basics*
**Registration: Ongoing**
*STD Basics* is a dynamic way for middle- and high-school health professionals to increase their knowledge of and competence in teaching about sexually transmitted diseases. With sections including an STD overview, information about transmission and prevention of HIV/AIDS, and valuable resources and lesson plans woven throughout, this exciting workshop is not to be missed!

“The online workshop was wonderful, the instructor was excellent and the content was presented in a format that was fun and easy to understand.”
-Online workshop attendee
Check the box next to the trainings you wish to register for:

**Open Enrollment Workshops ($100 Each, * Half-day is $75):**
- 10/20/2010  What about the Boys? Teaching about Sexuality Accurately and Effectively with Teen Boys – Bergen Community College, Paramus
- 11/12/2010  Sex Ed Games – Part 3 – Rutgers EcoComplex, Bordentown
- 12/10/2010  *Sexting: Flirting or Felony – Answer, Piscataway
- 2/9/2011  Beyond Pimples and Periods: Puberty Update – Answer, Piscataway
- 10/12/2010  Sex Ed Games – Part 3 – Rutgers EcoComplex, Bordentown
- 11/12/2010  Sex Ed Games – Part 3 – Rutgers EcoComplex, Bordentown
- 12/10/2010  *Sexting: Flirting or Felony – Answer, Piscataway
- 2/9/2011  Beyond Pimples and Periods: Puberty Update – Answer, Piscataway
- 4/8/2011  Teens and Technology: A Risky Combination – Cherry Hill Public Library, Cherry Hill

**Webinars ($35 Each, $175 for All Six):**
- 10/14/2010  Techno Talk: Technology Basics for Sex Education
- 11/10/2010  Running to Keep Up: Trends Among Teens and Technology
- 12/9/2010  Sexting: When Technology Advances More Quickly Than Cognitive Development
- 2/10/2011  Friend Request: Teens, Social Networking and Relationships Online
- 3/10/2011  Cyber-Bullying: Blurring the Boundaries of School Involvement

**Online Workshops ($125 Each):**
- Sexuality ABCs (Abstinence, Birth Control and Condoms)
- STD Basics

Total Amount: $_________________________

Note: If you do not receive confirmation of your registration by e-mail, please call Barbara at 732-445-7929.
**In-Service Opportunities**

Each organization has different needs and, therefore, may require unique professional development. Furthermore, it’s not always convenient to travel to workshops. Answer’s experienced staff of trainers can tailor workshops to meet your professional development needs. Whether you’re seeking in-person workshops or prefer the flexibility technology can offer, we can help. For more information, contact Todd Slawsky at 732-445-7929, ext. 237.

**Sex, Etc. Magazine**

Answer’s award-winning magazine is written by teens, for teens, and features articles on body image, self esteem, abstinence, safer sex and much more. Your teens will love this vibrant, 20-page, full-color magazine, which is the perfect sexual health resource for young people. The magazine also comes with lesson plans to enhance classroom instruction. Go to Sexetc.org and subscribe today!

**Have Questions?**

Contact us for assistance at:
Phone: 732-445-7929
E-mail: answered@rci.rutgers.edu
Web site: answer.rutgers.edu
See us at the following conferences:

- New Jersey Education Association Convention
- Association of Student Assistance Professionals
- New Jersey AHPERD

Follow us online!
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If this brochure was mailed to a person no longer at this address, please pass it to a friend or colleague, or contact us at 732-445-7929 so we may update our list. Thank you!