

**answer**  
sex ed, honestly

Where can I find  
good sex ed  
lessons?

Why are  
teens sexting?

What can I do  
to reach boys  
more effectively?

How can I support LGBTQ students?

How can I stay current  
with online trends?

# SEXUALITY EDUCATION TRAINING INITIATIVE

training catalog 10-11

**RUTGERS**  
UNIVERSITY

# Sexuality Education Training Initiative

After nearly 30 years of training health and sexuality educators, Answer continues to reinvent the way we provide professional development. As a well-respected and trusted source for training and technical assistance, Answer is proud to provide a diverse menu of professional development opportunities. Catering to today's busy professionals, we offer a range of traditional in-person trainings as well as flexible online workshops and Webinars.

We are excited to offer dynamic trainings that meet your professional development needs. We hope that you—our valued educational partner—will take advantage of the unique training opportunities we offer.

## Answer Training Staff:



Michelle Scarpulla,  
M.P.H., C.H.E.S.



Todd Slawsky, M.Ed.



Nora Gelperin, M.Ed.



Teri Tomatich, M.Ed.



Elizabeth Schroeder,  
Ed.D., M.S.W.

## Funding to support Answer's training program comes in part from:

The Fund for New Jersey  
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Harbourton Foundation  
Horizon Foundation for New Jersey  
Huber Foundation  
Franklin and Catherine Johnson Foundation  
New Jersey Department of Health and Senior Services  
The Ullman Family Fund

# Open-Enrollment Workshops

These engaging and informative in-person workshops are excellent for educators who want to learn new lessons and practice new skills.

**Full-day workshops are \$100, half-day workshops are \$75.**

*"I am feeling much more knowledgeable than I was before this workshop. The trainer went above and beyond my expectations with interactive lessons and activities." – Workshop attendee*

## **What about the Boys? Teaching about Sexuality Accurately and Effectively with Teen Boys**

**October 20, 2010**

**Bergen Community College, Paramus**

**9am-2:30pm**

**Instructor: Nora Gelperin, M.Ed.**

Be a man! Boys don't cry! Grow a pair! These stereotypes pervade our school communities. This important workshop explores the realities of the "boy code" that can straightjacket young men's sexual health and well-being.

## **Sex Ed Games–Part 3 (NEW!)**

**November 12, 2010**

**Rutgers EcoComplex, Bordentown**

**9am-2:30pm**

**Instructor: Michelle Scarpulla, M.P.H.,  
C.H.E.S.**

Teaching sex ed is not all fun and games, but it is most effective when interactive techniques are used to engage students. This high-energy workshop will leave you with fresh ideas guaranteed to result in dynamic teaching.

## **Sexting: Flirting or Felony**

**December 10, 2010**

**Answer, Piscataway**

**9am-12:30pm (HALF DAY)**

**Instructors: Nora Gelperin, M.Ed. and  
Michelle Scarpulla, M.P.H., C.H.E.S.**

If you missed this wildly popular workshop last year, here is your opportunity to learn the most current information about the unforeseen short- and long-term consequences of sexting.

## **Beyond Pimples and Periods: Puberty Update**

**February 9, 2011**

**Answer, Piscataway**

**9am-2:30pm**

**Instructor: Nora Gelperin, M.Ed.**

Puberty—the topic many educators fear—doesn't have to be intimidating. Showcasing the latest puberty resources, this workshop will help professionals articulate why students must learn about more than just pimples and periods.

## **Lesbian, Gay, Bisexual and Transgender Issues: You've Got Questions, We've Got Answers**

**April 6, 2011**

**Bergen Community College, Paramus**

**9am-2:30pm**

**Instructor: Nora Gelperin, M.Ed.**

As bullying and harassment have become more prevalent, many schools have become toxic environments for LGBT students. This workshop will provide strategies and tools for educators to create "safe schools" for all learners.

## **Teens and Technology: A Risky Combination**

**April 8, 2011**

**Cherry Hill Public Library, Cherry Hill**

**9am-2:30pm**

**Instructor: Michelle Scarpulla, M.P.H.,  
C.H.E.S.**

Being tech-savvy and a teen are almost synonymous; however, many teens don't understand the consequences of their actions online. This workshop includes up-to-date research on teen technology usage and highlights innovative educational strategies.

# Webinars

These cutting-edge, hour-long Webinars highlight emerging trends, research and updates. Using a combination of the Internet and your phone, you'll connect with other professionals nationwide for a lively, interactive presentation.

**Webinars are \$35 each or \$175 for all six.**

*"What an excellent Webinar. The trainer provided frequent opportunities for the group to participate, and acknowledged questions as they came in. I enjoyed the pace of the Webinar and the clarity of the content, especially the suggestions for making lessons more inclusive."*

-Webinar attendee

## **Techno Talk: Technology Basics for Sex Education**

**October 14, 2010**

**Instructor: Nora Gelperin, M.Ed.**

This dynamic introductory Webinar will provide educators with the basic knowledge of technology used by adolescents and explore how technology impacts teen relationships.

## **Running to Keep Up: Trends Among Teens and Technology**

**November 10, 2010**

**Instructor: Nora Gelperin, M.Ed.**

This exciting Webinar will explore some popular online hotspots that teens use, including ChatRoulette and the popular Facebook application, Formspring.

## **Sexing: When Technology Advances More Quickly than Cognitive Development**

**December 9, 2010**

**Instructor: Nora Gelperin, M.Ed.**

Struggling with how to warn teens of the consequences of sending nude pictures via cell phone in the absence of school policies or guidelines? This engaging Webinar will provide research, resources and tips for professionals who work with teens.

## **Friend Request: Teens, Social Networking and Relationships Online**

**February 10, 2011**

**Instructor: Michelle Scarpulla, M.P.H., C.H.E.S.**

This thought-provoking Webinar will explain what social networking sites are and review those most popular among teens. Participants will explore how teens use social networking to build relationships, its impact on healthy relationships and tips to navigate the Web safely.

## **Cyber-Bullying: Blurring the Boundaries of School Involvement**

**March 10, 2011**

**Instructors: Michelle Scarpulla, M.P.H., C.H.E.S.**

Homophobia and gender bias often pervade the technology that teens use. This interactive Webinar will explore the complex issues associated with cyber-bullying and provide resources to keep students safe.

## **21st Century Skills in Sex Ed: Integrating Technology into Your Teaching**

**April 7, 2011**

**Instructor: Michelle Scarpulla, M.P.H., C.H.E.S.**

This Webinar will introduce many technological resources teachers can use to engage students including Podcasts, YouTube and online sexual health games.

**Note: All Webinars are scheduled from 4pm-5pm Eastern Time.**

# Online Workshops

Using fun, interactive features such as online games, podcasts, case studies and short videos, our six-hour online workshops can be completed at your own pace—in one sitting or in shorter segments—over a month. You'll play games, practice answering questions and interact with teachers from all over the country, while earning six hours of professional development credit and gaining the knowledge you need to be a successful educator!

**Online workshops are \$125 each. Contact us at 732-445-7929 for information about group discounts.**

## **Sexuality ABCs (Abstinence, Birth Control and Condoms)**

### **Registration: Ongoing**

This online workshop introduces the latest trends in teen contraceptive use and effective lesson plans. You will finish with a list of current resources and a deeper understanding of contraceptive methods and laws regarding teens' access to birth control.

## **STD Basics**

### **Registration: Ongoing**

*STD Basics* is a dynamic way for middle- and high-school health professionals to increase their knowledge of and competence in teaching about sexually transmitted diseases. With sections including an STD overview, information about transmission and prevention of HIV/AIDS, and valuable resources and lesson plans woven throughout, this exciting workshop is not to be missed!

*"The online workshop was wonderful, the instructor was excellent and the content was presented in a format that was fun and easy to understand."*

*-Online workshop attendee*



# Registration

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## Contact Information

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Work Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

## Mail or fax the registration form to:

Answer, Rutgers University  
41 Gordon Road, Suite C  
Piscataway, NJ 08854  
Attn: Barbara  
Fax: 732-445-5333

Check the box next to the trainings you wish to register for:

## Open Enrollment Workshops (\$100 Each, \* Half-day is \$75):

- 10/20/2010 What about the Boys? Teaching about Sexuality Accurately and Effectively with Teen Boys – Bergen Community College, Paramus
- 11/12/2010 Sex Ed Games – Part 3 – Rutgers EcoComplex, Bordentown
- 12/10/2010 \*Sexting: Flirting or Felony – Answer, Piscataway
- 2/9/2011 Beyond Pimples and Periods: Puberty Update – Answer, Piscataway
- 4/6/2011 Lesbian, Gay, Bisexual and Transgender Issues: You've Got Questions, We've Got Answers – Bergen Community College, Paramus
- 4/8/2011 Teens and Technology: A Risky Combination – Cherry Hill Public Library, Cherry Hill

## Webinars (\$35 Each, \$175 for All Six):

- 10/14/2010 Techno Talk: Technology Basics for Sex Education
- 11/10/2010 Running to Keep Up: Trends Among Teens and Technology
- 12/9/2010 Sexting: When Technology Advances More Quickly Than Cognitive Development
- 2/10/2011 Friend Request: Teens, Social Networking and Relationships Online
- 3/10/2011 Cyber-Bullying: Blurring the Boundaries of School Involvement
- 4/7/2011 21st Century Skills in Sex Ed: Integrating Technology Into Your Teaching

## Online Workshops (\$125 Each):

- Sexuality ABCs (Abstinence, Birth Control and Condoms)
- STD Basics

You can also register online at  
[answer.rutgers.edu/course](http://answer.rutgers.edu/course).

Total Amount: \$ \_\_\_\_\_

Note: If you do not receive confirmation of your registration by e-mail, please call Barbara at 732-445-7929.

# Other Opportunitites

## ***In-Service Opportunities***

Each organization has different needs and, therefore, may require unique professional development. Furthermore, it's not always convenient to travel to workshops. Answer's experienced staff of trainers can tailor workshops to meet your professional development needs. Whether you're seeking in-person workshops or prefer the flexibility technology can offer, we can help. For more information, contact Todd Slawsky at 732-445-7929, ext. 237.

## ***Sex, Etc. Magazine***

Answer's award-winning magazine is written by teens, for teens, and features articles on body image, self esteem, abstinence, safer sex and much more. Your teens will love this vibrant, 20-page, full-color magazine, which is the perfect sexual health resource for young people. The magazine also comes with lesson plans to enhance classroom instruction. Go to [Sexetc.org](http://Sexetc.org) and subscribe today!



## ***Have Questions?***

Contact us for assistance at:  
Phone: 732-445-7929  
E-mail: [answered@rci.rutgers.edu](mailto:answered@rci.rutgers.edu)  
Web site: [answer.rutgers.edu](http://answer.rutgers.edu)

See us at the following conferences:

- New Jersey Education Association Convention
- Association of Student Assistance Professionals
- New Jersey AHPERD

Follow us online!  
Connect with Answer on Facebook and Twitter.



You can also register online at:  
[answer.rutgers.edu/course](https://answer.rutgers.edu/course)

If this brochure was mailed to a person no longer at this address, please pass it to a friend or colleague, or contact us at 732-445-7929 so we may update our list. Thank you!

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