

Network for Family Life Education
Center for Applied Psychology
Rutgers University
41 Gordon Road, Suite C
Piscataway, NJ 08854



TISHIE

Trinity Conference Center, West Cornwall, CT

August 6-11,

2006

*Creative, stimulating,
innovative, inspiring,
collaborative . . . exciting!*



At TISHE you will be engaged in a residential, skills-based training with other adolescent sex ed professionals. The goal is to strengthen confidence and build skills through dynamic plenary sessions, interactive workshops, and small group activities led by a team of expert core staff. You will facilitate a brief lesson and receive constructive, supportive feedback from colleagues in a Practice, Observation, and Support (POS) group. This training will offer many opportunities to analyze and evaluate teaching methods and skills, learn about new strategies and resources, network, and much more!

Hope to see you at TISHE!



Nora Gelperin, MEd,
Director of Training
& Education, NFLE

NETWORK FOR
FAMILY LIFE
EDUCATION



Monica Rodriguez,
Vice President for
Education & Training, SIECUS



TISHE 2006 Core Staff

- **Nora Gelperin, MEd**
Network for Family Life Education
- **Eva S. Goldfarb, PhD**
Montclair State University
- **Kenya Masala**
Source Consulting Group
- **Monica Rodriguez**
Sexuality Information and Education Council of the United States
- **Elizabeth Schroeder, MSW**
Professional Trainer/Consultant
- **Wayne Pawlowski, MSW**
Professional Trainer/Consultant

"The core staff was amazing. You all were very energetic, knowledgeable and supportive – you made the week fun!"

– TISHE 2005 participant

Tentative Agenda

Sunday, August 6

7 pm
8 pm

Welcome Reception
POS Leaders Meeting

Monday, August 7

AM

Holistic Sexuality
Meet Your POS Group

PM

Sex Ed Pedagogy
Concurrent Session I

Evening

Fun Sex Ed Games

Tuesday, August 8

AM

Personal Disclosure
Youth Culture

PM

Sexuality & Values
Concurrent II

Evening

POS Group Meeting
Tricks of the Trade

Wednesday, August 9

AM

Sexual Orientation
Concurrent III

PM

Diverse Audiences
POS Group Meeting

Evening

Icebreakers and Energizers

Thursday, August 10

AM

Concurrent IV
Prep Time for Presentations

PM

POS Group Presentations
TISHE Celebration

Evening

Friday, August 11

AM

Answering Difficult Questions
TISHE Application & Closure

12 noon

Adjourn

"I learned something new in each session whether it was a teaching technique or new idea! Excellent and fun staff! What can I say – Awesome!"

– TISHE 2002 participant

Registration Fee

Since TISHE is supported by a generous grant from the Educational Foundation of America, the fee to attend is \$1000, which includes registration, lodging, all meals, and a training notebook. Any outstanding registration fees are due by August 1st. If you register and cannot attend, contact the Network for Family Life Education immediately so that your space can be offered to someone on the waiting list.

Refunds for cancellations, less a \$50 processing fee, will be issued until August 1st. No refunds will be issued after August 1st.

Lodging

TISHE will be held at Trinity Conference Center in West Cornwall, CT. Located on a bend in the Housatonic River, in the foothills of the Berkshire Mountains, the Trinity Conference Center's focus is to provide nonprofit groups with a safe and productive retreat and workspace. **Rooms are doubles and have a private bathroom so roommates will be assigned unless you indicate a roommate preference on your registration form. There are limited single rooms available for an additional \$150 fee on a first-come, first-serve basis.**

Transportation

You are responsible for your own travel arrangements to Trinity Conference Center in West Cornwall, CT. Flights are available to Bradley International Airport which is approximately one hour from Trinity Conference Center. We can provide you with information on carriers who can provide transportation from the airport to the conference center. We will distribute a list of participants prior to the conference so if you are driving, you can make carpool arrangements.

Registration Confirmation

Confirmation packets will be mailed in mid-July. Packets will include a list of participants, maps, details about arranging carpools, a list of what to bring, workshop selection forms and other logistical information.

Professional Development Hours

The Network for Family Life Education is an approved provider of NJ Professional Development Hours. Participants will earn 40 hours of Professional Development by attending this training. Certificates of completion will be awarded at the end of TISHE and given ONLY to those participants who have attended the entire institute.

Individuals can qualify for an educational tax credit for tuition and fees paid for undergraduate, graduate, and continuing education courses. For detailed information consult IRS publication 970, Tax Benefits for Higher Education, which can be obtained at any IRS office or at: www.ire.gov/forms_pubs/pubs/p970toc.htm.

What TISHE 2006 Offers

This five-day training will feature modules on life-long sexuality, learner diversity, values clarification, giving and receiving feedback, and answering difficult questions. We will also provide smaller "how to teach about" and content-focused workshops. In addition to the information that you receive throughout the training, you will get a valuable notebook of supporting articles and resources to use when you return to your school or agency.



TISHE 2004 participants

Who Should Attend?

- Middle and high school health teachers
- Curriculum specialists
- Community educators
- Youth-serving professionals
- Administrators who supervise, support, or implement sexuality education in any format

Professional Growth

The **Practice, Observation and Support (POS)** groups are a unique and important feature of TISHE. You will be part of a POS group (usually 4-5 individuals) in which you will do a short presentation for your peers. This small group setting will give you an opportunity to receive feedback on presentation and facilitation skills. It also offers you time to examine the relevancy of the training to your professional development, school and/or community. (Please indicate on the registration form if you are interested in facilitating a POS group.)

"I liked experiencing the feedback from each one of the participants in my POS group. I learned about my teaching style and felt good about the constructive criticism that was given to me."

– TISHE 2005 participant

Philosophy of TISHE

While TISHE is designed to be relevant for health professionals with a wide range of family backgrounds, religious traditions and cultural and ethnic identities, it is not value free. The training gives clear messages about key sexuality issues which are:

- Every person is entitled to dignity and his or her own attitudes and beliefs about sexuality.
- Knowledge about human sexuality is helpful, not harmful and every individual has the right to accurate information about sexuality and have his or her questions answered.
- Sexual intercourse is only one of many valid ways of expressing sexual feelings with a partner.
- It is healthy for young adolescents to postpone sexual intercourse.
- All persons have the right and obligation to make responsible sexual choices.
- Being romantically and sexually attracted to both genders (bisexual), the same gender (homosexual), or another gender (heterosexual) are all natural in the range of human sexual experience.
- Healthy sexual relationships are consensual, non-exploitative, mutually pleasurable, safe, developmentally appropriate, based on mutual caring and respectful.
- We can enrich our lives by expressing sexuality in ways that enhance human wholeness and fulfillment and that express love, commitment and pleasure.

(Reprinted from Our Whole Lives Curriculum, Unitarian Universalist Association and Guidelines for Comprehensive Sexuality Education, 3rd Edition, SIECUS)

Workshops focus on teaching about:

- Abstinence with a sex-positive approach
- Sexually transmitted infections, including HIV/AIDS
- Gay, lesbian, bisexual, and transgender issues, including homophobia
- Birth control and pregnancy prevention
- Sexual violence
- Media literacy
- Emergency contraception
- Sexual values
- Enhancing self-esteem
- Sexual anatomy
- Youth culture and cultural competence



TISHE 2003 Participants

Come to TISHE to . . .

- Enhance your understanding of **sexuality** and **sexuality education** in their broadest senses
- Examine the diverse **life experiences** learners bring to the classroom and consider how this impacts your teaching
- Identify how **values, attitudes, and beliefs** may influence your teaching
- Assess your own **learning** and **teaching styles**
- Increase your ability to **assess learners' needs** and learn new strategies for **creating a safe learning environment**
- Learn how to plan lessons based on sound **learning theory** using a variety of **teaching methodologies**
- Enhance your skills in **designing an effective lesson**
- Increase your skill at **answering difficult questions**
- Learn and practice a model for giving and receiving concrete, useful **feedback**
- Discover excellent collegial, written, and technological **resources**
- Explore the changing **social, professional, and political context** for sexuality education and share strategies for surviving and thriving as you plan for your own **on-going professional development**



*"I don't want to go home! I want to learn all the year round in such a nice group surrounded by such great and wonderful trainers!"
-TISHE 2003 participant*

USE THIS FORM TO APPLY

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TISHE Application

West Cornwall, CT • August 6 – 11, 2006

Application Process

TISHE is geared for a specific audience and is not a good match for all professionals. In order to insure that there is a good fit between participant needs and what TISHE offers, please complete this application and submit to the address below. **Applications are considered on a rolling basis and we will accept up to 34 participants.** Other qualified applicants accepted after we are full will be placed on a wait-list. **Once your application is accepted, you must place a \$50 deposit toward the registration fee to guarantee your spot within two weeks of your acceptance date.**

Name: _____ Gender: _____

Title: _____ Date of Birth: _____

Agency/School: _____

Work Address: _____

City: _____ State _____ Zip: _____

School Phone: _____ Fax: _____

E-Mail: _____

*SS# _____ (for tax credit purposes only)

Home Address: _____

City: _____ State _____ Zip: _____

Home Phone: _____

E-Mail: _____

Please check where you would like TISHE materials sent.

- Work *OR* Home
- I would like to room with: _____
- I would like to lead a POS group.
- I have read the entire TISHE brochure and agree that if I am selected to attend TISHE, I will commit to attend the entire conference which begins at 7 pm, August 6th, and ends at noon, August 11th. Additionally, I understand that TISHE is a residential conference and my participation at TISHE includes staying at the residential conference facility for the entire week. (Your acceptance to TISHE is contingent upon your ability to attend the entire TISHE conference).

Number of years teaching sexual health _____

My school/agency setting is: Urban Suburban Rural

Please describe the political climate of your school/agency in regards to sexuality education:

Please describe how you currently deliver sexuality education:

Please describe what your expectations are for attending TISHE:

Please describe how you anticipate attending TISHE will impact you professionally:

(Attach additional sheets if necessary)

Mail or fax application to:

Network for Family Life Education • Rutgers University
41 Gordon Road, Suite C • Piscataway, NJ 08854
732-445-7970 Fax • Attn: Nora Gelperin

Application and selection process:

1. Mail or fax completed application.
2. You will be notified about possible acceptance within two weeks.
3. If accepted, you will be sent a registration form and need to return it with a \$50 deposit to secure your spot.

For more information, please contact Nora Gelperin
at (732) 445-7929 or norag@rci.rutgers.edu