Creative, stimulating, innovative, inspiring, collaborative . . . exciting!

Trinity Conference Center, West Cornwall, CT
August 6-11, 2006
At TISHE you will be engaged in a residential, skills-based training with other adolescent sex ed professionals. The goal is to strengthen confidence and build skills through dynamic plenary sessions, interactive workshops, and small group activities led by a team of expert core staff. You will facilitate a brief lesson and receive constructive, supportive feedback from colleagues in a Practice, Observation, and Support (POS) group. This training will offer many opportunities to analyze and evaluate teaching methods and skills, learn about new strategies and resources, network, and much more!

Hope to see you at TISHE!

Nora Gelperin, MEd, Director of Training & Education, NFLE

Monica Rodriguez, Vice President for Education & Training, SIECUS

TISHE 2006 Core Staff

- Nora Gelperin, MEd
  Network for Family Life Education
- Eva S. Goldfarb, PhD
  Montclair State University
- Kenya Masala
  Source Consulting Group
- Monica Rodriguez
  Sexuality Information and Education Council of the United States
- Elizabeth Schroeder, MSW
  Professional Trainer/Consultant
- Wayne Pawlowski, MSW
  Professional Trainer/Consultant

“The core staff was amazing. You all were very energetic, knowledgeable and supportive – you made the week fun!”
– TISHE 2005 participant

“I learned something new in each session whether it was a teaching technique or new idea! Excellent and fun staff! What can I say – Awesome!”
– TISHE 2002 participant
Registration Fee

Since TISHE is supported by a generous grant from the Educational Foundation of America, the fee to attend is $1000, which includes registration, lodging, all meals, and a training notebook. Any outstanding registration fees are due by August 1st. If you register and cannot attend, contact the Network for Family Life Education immediately so that your space can be offered to someone on the waiting list. Refunds for cancellations, less a $50 processing fee, will be issued until August 1st. No refunds will be issued after August 1st.

Lodging

TISHE will be held at Trinity Conference Center in West Cornwall, CT. Located on a bend in the Housatonic River, in the foothills of the Berkshire Mountains, the Trinity Conference Center’s focus is to provide nonprofit groups with a safe and productive retreat and workspace. Rooms are doubles and have a private bathroom so roommates will be assigned unless you indicate a roommate preference on your registration form. There are limited single rooms available for an additional $150 fee on a first-come, first-serve basis.

Transportation

You are responsible for your own travel arrangements to Trinity Conference Center in West Cornwall, CT. Flights are available to Bradley International Airport which is approximately one hour from Trinity Conference Center. We can provide you with information on carriers who can provide transportation from the airport to the conference center. We will distribute a list of participants prior to the conference so if you are driving, you can make carpool arrangements.

Registration Confirmation

Confirmation packets will be mailed in mid-July. Packets will include a list of participants, maps, details about arranging carpools, a list of what to bring, workshop selection forms and other logistical information.

Professional Development Hours

The Network for Family Life Education is an approved provider of NJ Professional Development Hours. Participants will earn 40 hours of Professional Development by attending this training. Certificates of completion will be awarded at the end of TISHE and given ONLY to those participants who have attended the entire institute.

What TISHE 2006 Offers

This five-day training will feature modules on life-long sexuality, learner diversity, values clarification, giving and receiving feedback, and answering difficult questions. We will also provide smaller “how to teach about” and content-focused workshops. In addition to the information that you receive throughout the training, you will get a valuable notebook of supporting articles and resources to use when you return to your school or agency.

Who Should Attend?

- Middle and high school health teachers
- Curriculum specialists
- Community educators
- Youth-serving professionals
- Administrators who supervise, support, or implement sexuality education in any format

Professional Growth

The Practice, Observation and Support (POS) groups are a unique and important feature of TISHE. You will be part of a POS group (usually 4-5 individuals) in which you will do a short presentation for your peers. This small group setting will give you an opportunity to receive feedback on presentation and facilitation skills. It also offers you time to examine the relevancy of the training to your professional development, school and/or community. (Please indicate on the registration form if you are interested in facilitating a POS group.)

“I liked experiencing the feedback from each one of the participants in my POS group. I learned about my teaching style and felt good about the constructive criticism that was given to me.”

– TISHE 2005 participant
Philosophy of TISHE

While TISHE is designed to be relevant for health professionals with a wide range of family backgrounds, religious traditions and cultural and ethnic identities, it is not value free. The training gives clear messages about key sexuality issues which are:

- Every person is entitled to dignity and his or her own attitudes and beliefs about sexuality.
- Knowledge about human sexuality is helpful, not harmful and every individual has the right to accurate information about sexuality and have his or her questions answered.
- Sexual intercourse is only one of many valid ways of expressing sexual feelings with a partner.
- It is healthy for young adolescents to postpone sexual intercourse.
- All persons have the right and obligation to make responsible sexual choices.

(Reprinted from Our Whole Lives Curriculum, Unitarian Universalist Association and Guidelines for Comprehensive Sexuality Education, 3rd Edition, SIECUS)

Workshops focus on teaching about:

- Abstinence with a sex-positive approach
- Sexually transmitted infections, including HIV/AIDS
- Gay, lesbian, bisexual, and transgender issues, including homophobia
- Birth control and pregnancy prevention
- Sexual violence
- Media literacy
- Emergency contraception
- Sexual values
- Enhancing self-esteem
- Sexual anatomy
- Youth culture and cultural competence

Come to TISHE to . . .

- Enhance your understanding of sexuality and sexuality education in their broadest senses
- Examine the diverse life experiences learners bring to the classroom and consider how this impacts your teaching
- Identify how values, attitudes, and beliefs may influence your teaching
- Assess your own learning and teaching styles
- Increase your ability to assess learners’ needs and learn new strategies for creating a safe learning environment
- Learn how to plan lessons based on sound learning theory using a variety of teaching methodologies
- Enhance your skills in designing an effective lesson
- Increase your skill at answering difficult questions
- Learn and practice a model for giving and receiving concrete, useful feedback
- Discover excellent collegial, written, and technological resources
- Explore the changing social, professional, and political context for sexuality education and share strategies for surviving and thriving as you plan for your own on-going professional development

“I don’t want to go home! I want to learn all the year round in such a nice group surrounded by such great and wonderful trainers!”

–TISHE 2003 participant

TISHE 2003 Participants
TISHE Application
West Cornwall, CT • August 6 – 11, 2006

Application Process
TISHE is geared for a specific audience and is not a good match for all professionals. In order to insure that there is a good fit between participant needs and what TISHE offers, please complete this application and submit to the address below. Applications are considered on a rolling basis and we will accept up to 34 participants. Other qualified applicants accepted after we are full will be placed on a wait-list. Once your application is accepted, you must place a $50 deposit toward the registration fee to guarantee your spot within two weeks of your acceptance date.

Please check where you would like TISHE materials sent.

- [ ] Work  OR  [ ] Home
- [ ] I would like to room with: ____________________________
- [ ] I would like to lead a POS group.
- [ ] I have read the entire TISHE brochure and agree that if I am selected to attend TISHE, I will commit to attend the entire conference which begins at 7 pm, August 6th, and ends at noon, August 11th. Additionally, I understand that TISHE is a residential conference and my participation at TISHE includes staying at the residential conference facility for the entire week. (Your acceptance to TISHE is contingent upon your ability to attend the entire TISHE conference).

Number of years teaching sexual health _______

My school/agency setting is:  [ ] Urban  [ ] Suburban  [ ] Rural

Please describe the political climate of your school/agency in regards to sexuality education:
____________________________________________________________________

Please describe how you currently deliver sexuality education:
____________________________________________________________________

Please describe what your expectations are for attending TISHE:
____________________________________________________________________

Please describe how you anticipate attending TISHE will impact you professionally:
____________________________________________________________________

(Attach additional sheets if necessary)

Mail or fax application to:
Network for Family Life Education • Rutgers University
41 Gordon Road, Suite C • Piscataway, NJ 08854
732-445-7970 Fax • Attn: Nora Gelperin

Application and selection process:
1. Mail or fax completed application.
2. You will be notified about possible acceptance within two weeks.
3. If accepted, you will be sent a registration form and need to return it with a $50 deposit to secure your spot.

For more information, please contact Nora Gelperin at (732) 445-7929 or norag@rci.rutgers.edu