

Who Should Attend?

Middle and high school teachers relatively new to or with limited knowledge of the topic of sexuality education.

School nurses, counselors, social workers, curriculum specialists, or administrators who supervise, support, or implement sexuality education in any format.

What NJ TISHE 2003 Offers

This five-day training will feature modules on life-long sexuality, learner diversity, values clarification, giving and receiving feedback, and answering difficult questions. We will also provide smaller “how to teach about . . .” and issue-focused workshops.

As this event is peer-driven and peer-led, we encourage experienced educators to challenge themselves by facilitating Practice, Observation, and Support (POS) groups, in which all participants will do a short presentation for a few peers. The POS groups will give you an opportunity to receive feedback on presentation and facilitation skills. These groups will also offer you time to examine the relevancy of the training to your professional development, school, and community.

In addition to the information that you receive throughout the training, you will get a valuable notebook of supporting articles and resources to use at your school.

1 2 3 4 5 days

Network for Family Life Education
Center for Applied Psychology
Rutgers University
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Piscataway, NJ 08854

THE STATE UNIVERSITY OF NEW JERSEY
RUTGERS

NJ Teachers Institute in Sexual Health Education

NJ TISHE

Blair Academy,
Blairstown, NJ

August 11–15, 2003

- *Creative*
- *Stimulating*
- *Innovative*
- *Inspiring*
- *Collaborative*
- *Exciting*

At NJ TISHE you will be engaged in a residential, skills-based training with other NJ middle and high school sexuality education teachers. The goal is to strengthen confidence and build skills through dynamic plenary sessions, interactive workshops, and small group activities and support led by a team of expert core staff. Each participant will facilitate a brief lesson and receive constructive, supportive feedback from a few colleagues in a Practice, Observation, and Support (POS) group. This training will offer many opportunities to analyze and evaluate teaching methods and skills, learn about new strategies and resources, network, and much more!

Hope to see you at NJ TISHE!



Nora Gelperin, MEd,
Training Coordinator

NJ TISHE 2003 Core Staff

- **Nora Gelperin**, MEd, Network for Family Life Education
- **Eva S. Goldfarb**, PhD, Montclair State University
- **Monique Howard**, MPH, Professional Trainer/Consultant
- **Mark Huffman**, Planned Parenthood of Middle and East Tennessee
- **Manfred Powell**, MA, Planned Parenthood of Southern New Jersey
- **Monica Rodriguez**, Sexuality Information and Education Council of the United States
- **Elizabeth Schroeder**, MSW, Professional Trainer/Consultant
- **Pam Wilson**, MSW, Professional Trainer/Consultant

Come to NJ TISHE to...

- Enhance your understanding of **sexuality** and **sexuality education** in their broadest sense
- Examine the diverse **life experiences** learners bring to the classroom and consider how these experiences influence your teaching
- Identify how **values, attitudes, and beliefs** may influence your teaching
- Assess your own **learning** and **teaching styles**
- Increase your ability to **assess learners' needs** and learn new strategies for **creating a safe learning environment**
- Learn how to plan lessons based on sound **learning theory** using a variety of **teaching methodologies**
- Enhance your skills in **designing an effective lesson**
- Increase your skill at **answering difficult questions**
- Learn and practice a model for giving and receiving concrete, useful **feedback**
- Discover excellent collegial, written, and technological **resources**
- Explore the changing **social, professional, and political context** for sexuality education and share strategies for surviving and thriving as you plan for your own **on-going professional development**

Workshops focus on teaching about:

- **Abstinence with a sex-positive approach**
- **Birth control and pregnancy prevention**
- **Emergency contraception**
- **Enhancing self-esteem**
- **Gay, lesbian, bisexual, and transgender issues, including homophobia**
- **Media literacy**
- **Role-plays in sexuality education**
- **Sexually transmitted infections, including HIV/AIDS**
- **Sexual values**
- **Sexual violence**
- **Youth culture and cultural competence**

Follow-up Trainings During 2003–04 School Year

Two additional workshops will be provided for all NJ TISHE participants during the 2003–04 school year at no additional cost. This allows participants to refine their skills, update their knowledge, and remain connected with other participants. All participants are expected to attend both follow-up trainings. The first training will be held in October and the other in March, both at Rutgers University in New Brunswick.

Registration Deadline: Friday, July 4, 2003

Because NJ TISHE is supported by a generous grant from the Geraldine R. Dodge Foundation, the **fee to attend is \$750***, which includes registration, lodging, all meals, and training notebook. We expect NJ TISHE to fill quickly, so reserve your space soon. **A \$50 deposit toward the registration fee must be received by July 4. Registration is limited to 42 participants. Any outstanding registration fees are due by July 25.** If you register and cannot attend, contact the Network for Family Life Education immediately so that your space can be offered to someone on the waiting list. **Refunds for cancellations, less a \$30 processing fee, will be issued until July 25. No refunds will be issued after July 25.**

** Reduced rates are available for teachers paying out-of-pocket. Please call for details.*

Lodging, Transportation, and Confirmation

NJ TISHE will be held at Blair Academy in Blairstown, NJ, nine miles from the PA/NJ border. Minutes from the Delaware River, Blair Academy is a beautiful boarding school on a lush, green campus with excellent accommodations. There are also walking trails, a bookstore, spacious grounds, historic buildings and scenic views. The cuisine at Blair is excellent and always includes a vegetarian option. **All rooms are double occupancy** and the facility is wheelchair accessible. **Roommates are assigned unless you state a preference on your registration form.** To fully experience NJ TISHE, participants are expected to stay at Blair Academy for the entire five-day training.

You are responsible for your own travel arrangements. Confirmation packets will be mailed in early July. Packets will include a list of participants, maps, details about arranging carpools, selecting workshops and other logistical information.

Professional Development Hours

The Network for Family Life Education is an approved provider of professional development hours. Participants will earn 40 professional development hours by attending this session.

Individuals can qualify for an educational tax credit for tuition and fees paid for undergraduate, graduate, and continuing education courses. For detailed information, consult IRS publication 970, Tax Benefits for Higher Education, which can be obtained at any IRS office or at: <http://www.irs.gov/pub/irs-pdf/p970.pdf>.

Registration

Name: _____
Title: _____
Date of Birth: _____ Gender: _____ *SS# (for tax credit purposes): _____
School: _____
School Address: _____
City: _____ State: _____ Zip: _____
School Phone: (____) _____ Fax: (____) _____
E-Mail: _____
Home Address: _____
City: _____ State: _____ Zip: _____
Home Phone: (____) _____ E-Mail: _____
I would like the following roommate: _____

To help us plan, please complete the following brief assessment:

- Number of years as a teacher: _____ Number of years teaching sexual health: _____
- My school setting is: (please circle one): Urban Suburban Rural
County _____
- I currently teach grade level(s): _____
(Please note: This training is for teachers of students in grades 6–12 only.)
- I typically teach _____ number of health classes a year .

Would you be interested in facilitating one of the Practice, Observation, and Support (POS) groups, if needed?

YES NO

Would you be able to commit to attending both follow-up trainings?

YES NO Unsure

Fees

- \$750 check enclosed
- \$750 purchase order enclosed
- \$50 deposit enclosed—
balance to follow by July 25, 2003

Please make checks and purchase orders payable to:
Network for Family Life Education
Center for Applied Psychology
Rutgers University
41 Gordon Road, Suite A
Piscataway, NJ 08854
Attn: Nora Gelperin

For more information, please contact Nora Gelperin at (732) 445-7929 or norag@rci.rutgers.edu